

Playscape
Creations



HEALTHBEAT™

OUTDOOR FITNESS SYSTEM

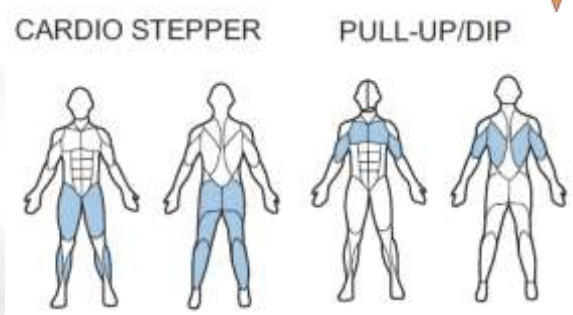
designed & manufactured by:

SLR
landscape
structures™

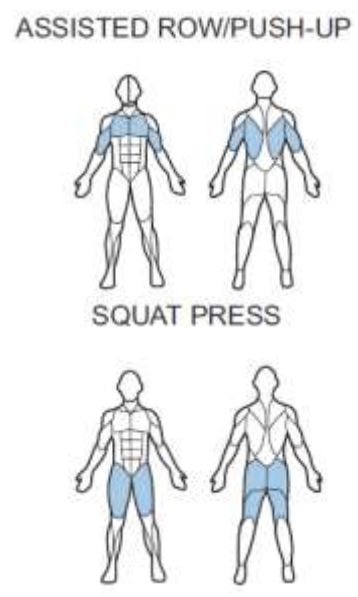
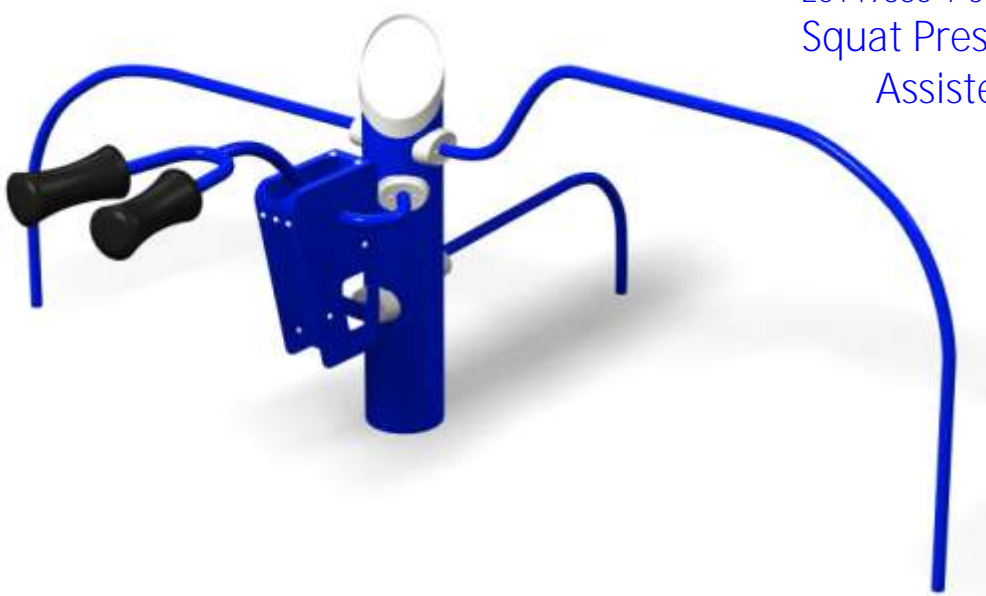
park PRODUCTS
australia



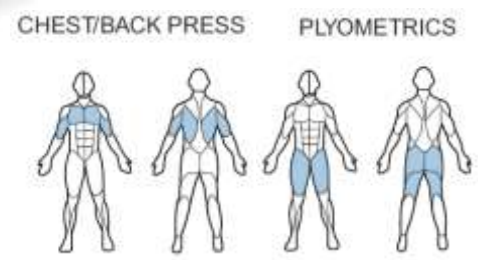
Combo Unit 1
25149886-1-3-1
Cardio Stepper /
Pull-up Dip

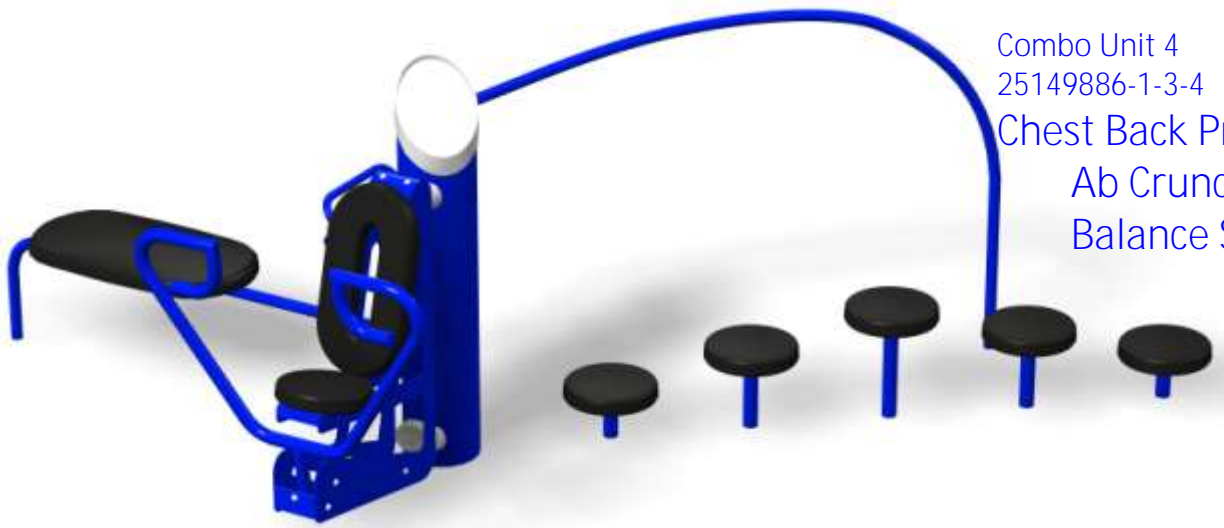


Combo Unit 2
25149886-1-3-2
Squat Press /
Assisted Row



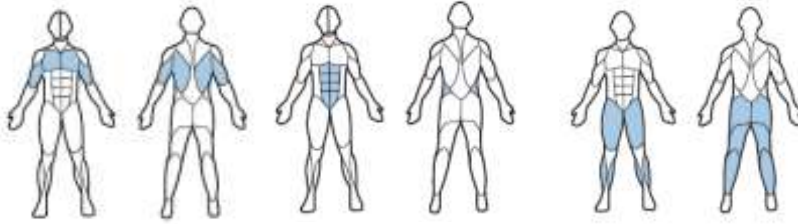
Combo Unit 3
25149886-1-3-3
Chest Back Press /
Plyometrics





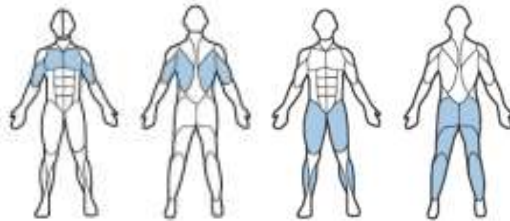
Combo Unit 4
25149886-1-3-4
Chest Back Press /
Ab Crunch Leg Lift /
Balance Steps

CHEST/BACK PRESS AB CRUNCH/LEG LIFT BALANCE STEPS



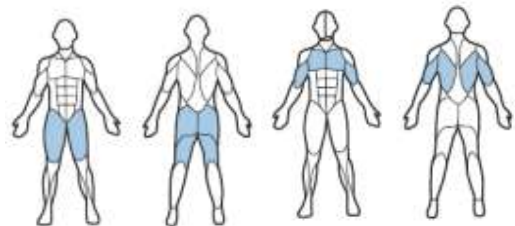
Combo Unit 6
25149886-1-3-6
Chest Back Press /
Cardio Stepper

CHEST/BACK PRESS CARDIO STEPPER



Combo Unit 7
25149886-1-3-7
Squat Press /
Pull-up Dip

SQUAT PRESS PULL-UP/DIP



3 Piece
Combo

* AREA REQUIRED:
38.2 SQM



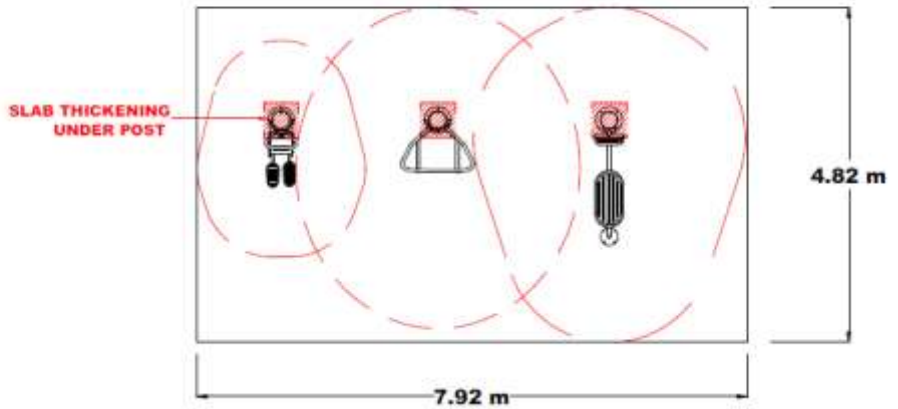
CARDIO
STEPPER

PULL-UP /
DIP

AB CRUNCH /
LEG LIFT

* FH: 2000mm

* FH: 1000mm



5 Piece
Combo

* AREA REQUIRED:
63.7 SQM

CARDIO
STEPPER

PULL-UP /
DIP

CHEST / BACK
PRESS

AB CRUNCH /
LEG LIFT

SQUAT
PRESS

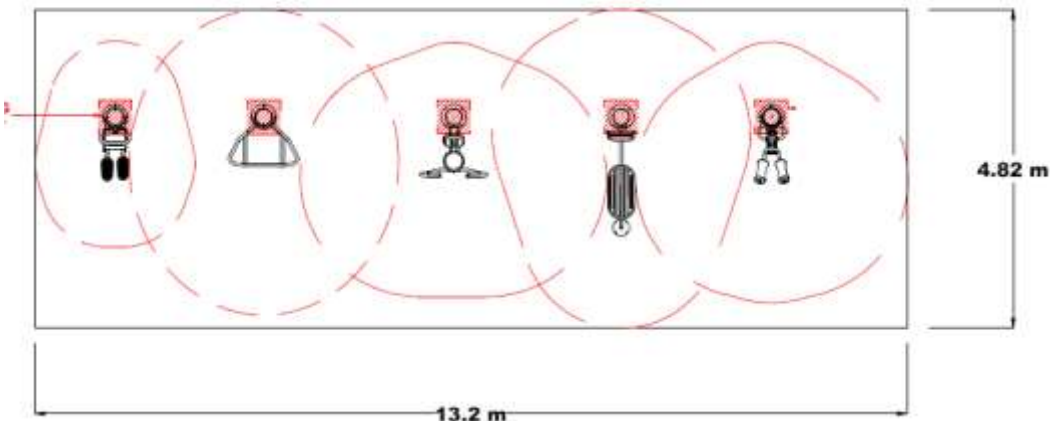
* FH: 300mm

* FH: 2000mm

* FH: 1100mm

* FH: 1000mm

* FH: 1100mm



7 Piece
Combo

* AREA REQUIRED:
94.3 SQM



CARDIO
STEPPER
* FH: 300mm

PULL-UP /
DIP
* FH: 2000mm

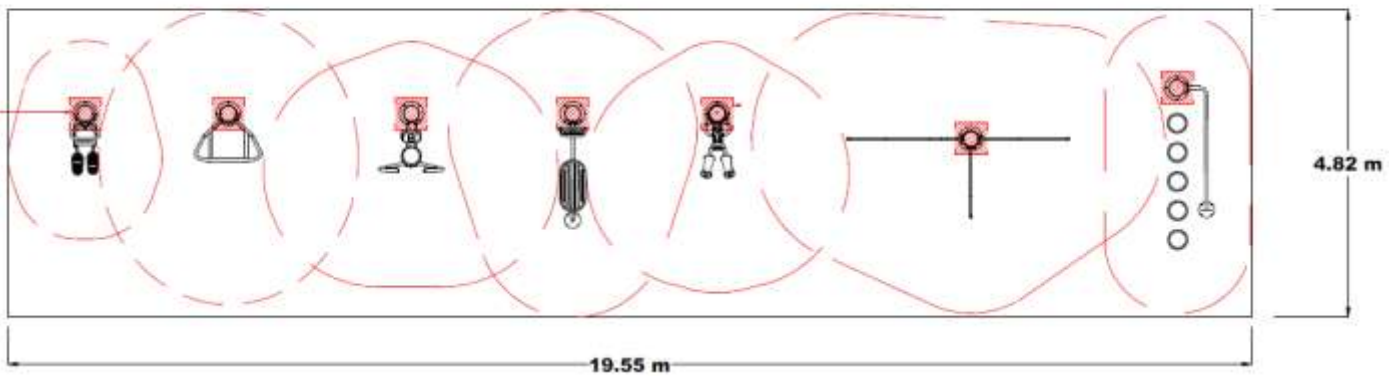
CHEST / BACK
PRESS
* FH: 1100mm

AB CRUNCH /
LEG LIFT
* FH: 1000mm

SQUAT
PRESS
* FH: 1100mm

ASSISTED ROW /
PUSH-UP
* FH: 1400mm

BALANCE
STEPS
* FH: 490mm



HEALTHBEAT



Cardio
Stepper

| | |
|--------------------------------|--------------------------|
| Model No | 161312 A & B |
| Minimum Required Fallzone Area | 9.65m ² |
| Maximum Free Height of fall | 300mm |
| Recommended Age Group | 12 years up |
| Available Mounting Options | Inground & Surface Mount |

Squat
Press

| | |
|--------------------------------|--------------------------|
| Model No | 161310 A & B |
| Minimum Required Fallzone Area | 12.5 m ² |
| Maximum Free Height of fall | 1100mm |
| Recommended Age Group | 12 years up |
| Available Mounting Options | Inground & Surface Mount |



Ab Crunch /
Leg Lift

| | |
|--------------------------------|--------------------------|
| Model No | 161314 A & B |
| Minimum Required Fallzone Area | 14.5 m ² |
| Maximum Free Height of fall | 1000mm |
| Recommended Age Group | 12 years up |
| Available Mounting Options | Inground & Surface Mount |



Assisted
Row/Press Up

| | |
|--------------------------------|--------------------------|
| Model No | 161316 A & B |
| Minimum Required Fallzone Area | 24 m ² |
| Maximum Free Height of fall | 1400mm |
| Recommended Age Group | 12 years up |
| Available Mounting Options | Inground & Surface Mount |

Chest/Back
Press

| | |
|--------------------------------|--------------------------|
| Model No | 161309 A & B |
| Minimum Required Fallzone Area | 14.5 m ² |
| Maximum Free Height of fall | 1100mm |
| Recommended Age Group | 12 years up |
| Available Mounting Options | Inground & Surface Mount |



Plyometrics

| | |
|--------------------------------|--------------------------|
| Model No | 161314 A & B |
| Minimum Required Fallzone Area | 14.5 m ² |
| Maximum Free Height of fall | 1000mm |
| Recommended Age Group | 12 years up |
| Available Mounting Options | Inground & Surface Mount |

HEALTHBEAT



Tai Chi
Wheels

| | |
|--------------------------------|--------------------------|
| Model No | 161311A & B |
| Minimum Required Fallzone Area | 6 m ² |
| Maximum Free Height of fall | N/A |
| Recommended Age Group | 12 years up |
| Available Mounting Options | Inground & Surface Mount |

Pull Up /
Dip

| | |
|--------------------------------|--------------------------|
| Model No | 161313A & B |
| Minimum Required Fallzone Area | 15 m ² |
| Maximum Free Height of fall | 2000mm |
| Recommended Age Group | 12 years up |
| Available Mounting Options | Inground & Surface Mount |



Balance
Steps

| | |
|--------------------------------|--------------------------|
| Model No | 161315A & B |
| Minimum Required Fallzone Area | 9.65 m ² |
| Maximum Free Height of fall | 490mm |
| Recommended Age Group | 12 years up |
| Available Mounting Options | Inground & Surface Mount |



Assisted Row / Push Up



Cardio Stepper



Pull Up / Dip



Chest / Back Press



Balance Steps



Tai Chi Wheels



Squat Press



Plyometrics



Ab Crunch / Leg Lift



HEALTHBEAT

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